

What is Natural Singing?

For the child who can sing, the feeling of physical openness while singing, delights and pleases them. They like the sound which is bigger and better than speaking and so they do some more and get quite engrossed in the activity and the more they enter into the spirit of the game and play with different ways of using their voices, the better their voice sounds to them and so a positive cycle begins. They pick up songs from the world around them, sing some more and lose themselves for a little while, just as they would when riding a bike or swimming. It is a natural human activity.

This child, if encouraged by other people who enjoy their singing and perhaps even sing along, becomes an adult who can sing naturally and doesn't have the faintest idea how they do it. It is just another thing that all humans can do, like walking, running swimming, eating, drinking etc. They think about singing, open their mouths and out it comes. This child becomes the adult who sings naturally, unless life itself interferes with this natural ability.