

Check List

1. Breath into the spaces that the sound is going to come out of
2. Hum
3. Hum through into vowel sound - closely linked M ee
4. Introduce open vowel threaded through the hum M ee A
5. Use the open vowel to open the hum at the front NOT to open big useless space the back thus spreading the voice.
6. All this can be done and practiced on one note
7. Now put this spoken idea on each note of the scale It could be MeeA, the proper names I have suggested and then Yummeee. Anything is good if sung with the right thought and purpose. As I suggested earlier two or three twenty minute sessions at this would be good and incorporate the ideas you have thought of into My Bonnie and use it as part of your exercise.
8. Are you remembering to link sound to sound and check matching tones?
9. Are all the sounds near the front of your face with your tongue? loosely behind your bottom teeth when the tip is not being actively used?
10. Remember the trampoline in front of you.
11. Is your diaphragm working automatically? You should be aware that it is working because you are making the right sounds.
12. Do you like the variety of linked up sounds?
13. Are you still remembering all the hums?
14. Are you enjoying the different feelings?
15. Until you have an audience the perfection of this activity is the enjoyment.
16. ENJOY.